**School Sport SA**

Swimming Sapsasa State Championship

Updated 19 March 2024

## Dates and venue

**SA Aquatic and Leisure Centre**

**443 Morphett Road, Oaklands Park**

Country division 1 and 2 and multiclass Monday 8 April

Metro division 1 and 2 Tuesday April

## Timing

8:30am Gates open (Division 1 arrive 8:30 – 9:00 / Division 2 arrive 9:00 – 9:30)

9.30am Division 1 warm up (20mins)

9:50am Division 1 warm up ends

10.00am Division 2 warm up (20mins)

10.00am Timekeeper briefing

10:20am Division 2 warm up ends

10.20am 100m freestyle to marshalling

10.30am Morning session starts (100m freestyle, butterfly, backstroke, 50m freestyle)

1:00pm approx Lunch

1.15pm (no earlier) Afternoon session starts (breaststroke, relays)

3:15pm approx Competition finishes

### Metropolitan district divisions and colours

|  |  |  |  |
| --- | --- | --- | --- |
| **Division 1** | | **Division 2** | |
| Adelaide South East | Maroon, White | Barker | Blue, Green |
| Airport | Royal Blue, White | Hills | Gold, Black |
| City South | Red, Yellow | Onkaparinga North | Blue, Yellow |
| East Adelaide | Double Blue | Onkaparinga South | Royal Blue, Gold |
| North Adelaide | Red, White | Para Districts | Yellow, Green |
| Port | Black, White | Playford | Red, White, Royal Blue |
| Southern Heights | Double Blue | Salisbury East | Btle Green, Yellow, White |
| South West | Red, Yellow, Blue | Southern Valley | Royal Blue, White |
| Western | Navy Blue, White | Tea Tree Gully | Maroon, White |
| Adelaide North East | White, Navy, Red | Torrens River | Red, Navy Blue |

### Country district divisions and colours

|  |  |  |  |
| --- | --- | --- | --- |
| **Division 1** | | **Division 2** | |
| Barossa and Light | Black, White | Central Eyre Peninsula | Brown, Gold |
| Gawler | Maroon, Gold, White | Kangaroo Island | Red, Black |
| Lower Eyre Peninsula | Black, White | Mid South East | Red, Wh, Blue, Black, Gld |
| Lower South East | Royal Blue, Gold | Murraylands | Navy, Red, Yellow |
| Mid North | Double Blue, White | Northern | Navy, Yellow, Ochre, Wh. |
| Murray Mallee | Red, Cornflower Blue, Yell | Northern Yorke Peninsula | Double Blue |
| North Eastern | Royal Blue, White | Pirie | Green, Gold |
| Riverland | Red, Black | Southern Yorke Peninsula | Gold, Royal Blue |
| Southern Fleurieu | Double Blue | Western Eyre Peninsula | Maroon, Yellow |
| Upper South East | Red, Navy, White | Whyalla | Red, White, Royal Blue |

## Officials acknowledgements

We are indebted to the officials of Swimming SA and volunteers who, year by year, support these championships so loyally. We are most grateful for the time and expertise, which they readily give to School Sport SA

## Program of events

All events will be swum as timed finals.

Division 1 races will be swum first followed by division 2 races

Multiclass events only swum on country day.

|  |  |
| --- | --- |
| Event number | Event age and description |
| Event 1 and 101 | Boys 10 to 12 year old 100m freestyle division 1 and 2 |
| Event 2 and 102 | Girls 10 to 12 year old 100m freestyle division 1 and 2 |
| Event 3 and 103 | Boys 10 year old 50m butterfly division 1 and 2 |
| Event 4 and 104 | Girls 10 year old 50m butterfly division 1 and 2 |
| Event 5 and 105 | Boys 11 year old 50m butterfly division 1 and 2 |
| Event 6 and 106 | Girls 11 year old 50m butterfly division 1 and 2 |
| Event 7 and 107 | Boys 12 year old 50m butterfly division 1 and 2 |
| Event 8 and 108 | Girls 12 year old 50m butterfly division 1 and 2 |
| Event 208 | Boys and girls 10 to 12 years multiclass students with disability 50m butterfly |
| Event 9 and 109 | Boys 10 year old 50m backstroke division 1 and 2 |
| Event 10 and 110 | Girls 10 year old 50m backstroke division 1 and 2 |
| Event 11 and 111 | Boys 11 year old 50m backstroke division 1 and 2 |
| Event 12 and 112 | Girls 11 year old 50m backstroke division 1 and 2 |
| Event 13 and 113 | Boys 12 year old 50m backstroke division 1 and 2 |
| Event 14 and 114 | Girls 12 year old 50m backstroke division 1 and 2 |
| Event 214 | Boys and girls 10 to 12 years multiclass students with disability 50m backstroke |
| Event 15 and 115 | Boys 10 year old 50m freestyle division 1 and 2 |
| Event 16 and 116 | Girls 10 year old 50m freestyle division 1 and 2 |
| Event 17 and 117 | Boys 11 year old 50m freestyle division 1 and 2 |
| Event 18 and 118 | Girls 11 year old 50m freestyle division 1 and 2 |
| Event 19 and 119 | Boys 12 year old 50m freestyle division 1 and 2 |
| Event 20 and 120 | Girls 12 year old 50m freestyle division 1 and 2 |
| Event 220 | Boys and girls 10 to 12 year old multiclass students with disability 50m freestyle |
| **Lunch Break** |  |
| Event 21 and 121 | Boys 10 year old 50m breaststroke division 1 and 2 |
| Event 22 and 122 | Girls 10 year old 50m breaststroke division 1 and 2 |
| Event 23 and 123 | Boys 11 year old 50m breaststroke division 1 and 2 |
| Event 24 and 124 | Girls 11 year old 50m breaststroke division 1 and 2 |
| Event 25 and 125 | Boys 12 year old 50m breaststroke division 1 and 2 |
| Event 26 and 126 | Girls 12 year old 50m breaststroke division 1 and 2 |
| Event 226 | Boys and girls 10 to 12 year old multiclass students with disability 50m breaststroke |
| Event 27 and 127 | Boys 10 year old 4x50m freestyle relay |
| Event 28 and 128 | Girls 10 year old 4x50m freestyle relay |
| Event 29 and 129 | Boys 11 year old 4x50m freestyle relay |
| Event 30 and 130 | Girls 11 year old 4x50m freestyle relay |
| Event 31 and 131 | Boys 12 year old 4x50m freestyle relay |
| Event 32 and 132 | Girls 12 year old 4x50m freestyle relay |

## Marshalling Flow Maps

### Grandstand Level -

## 

### Diagram Description automatically generated

### Pool Deck

## Rules and conditions

### 13 year old participation

* 13 year olds in primary school can compete at the School Sport SA Sapsasa Swimming Championships.
* Swimmers will compete in the 12 year old age group
* 13 year old swimmers will receive points allocated for their finishing place and all swimmers finishing below will have their place upgraded by 1 and will be allocated points based on their upgraded finishing position.

### Championship rules

Number of events

* 1 entry per event excluding wild card entries.
* Only 6 individual wildcards with a maximum of 2 competitors in any event.
* Swimmers can compete in no more than 3 individual events.
* Metropolitan district swimmers can compete in more than 1 relay if they have competed in less than 3 individual events.
* Country district swimmers can compete in 2 relays and 3 individual events.

Changes to events

* Must be submitted by the team manager at least 30 minutes prior to the first event of the session.

Event format

* School Sport SA reserves the right to divide any event into heats or to run concurrently any two or more heats.
* All individual and relay events are timed finals and placings will be determined on times.

Marshalling

* Swimmers must check into the marshalling area as soon as their event is called.
* Only swimmers and officials on duty can be in the marshalling area and pool enclosure.

The start

* Starting method will be 'take your marks', 'beep and light flash'.
* The 1 start rule applies.
* A false start will result in disqualification. Swimmers in individual events and relays will still be given the opportunity to swim if they have false started.

Disqualifications

* Disqualifications will be awarded as per FINA rules, swimmers will be told about their DQ at the end of the swim. This will then be displayed on the screen. See Rule Infraction quick reference guide below

The finish

* Swimmers must remain in the pool in their lanes until told to leave the water.
* Some swimmers will be asked to wait on pool deck ready for medal presentations.

Points and awards

* Points are awarded for all events as
  + 1st place – 20 points
  + 2nd place – 18 points
  + 3rd place – 16 points
  + 4th place – 14 points
  + 5th place – 12 points
  + 6th place – 10 points
  + 7th place – 8 points
  + 8th place – 6 points
  + 9th place – 4 points
  + 10th place – 2 points
  + 11th place and higher – 1 point
* Medals will be award to first, second and third place getters in all events
* Competitors will receive a participation certificate

Protests

* A district team official must notify the event convenor of the intention to protest within 5 minutes of the event concluding. The Chief Referee will be advised and asked to provide a ruling. The Swimming SA referee's decision is final.
* Except where otherwise specified, the rules of Swimming SA will be used.

Relays

* Teams are made up of 4 swimmers from the same district (unless previously negotiated)
* Second, third and fourth swimmers must not dive into the water until the previous swimmer touches the wall.

Swimming costumes

* The costumes of all swimmers should be in good moral taste and suitable for the sport of swimming.
* Costumes must be non-transparent.
* Caps are optional.
* Swimmers who want their times used by Swimming SA the Swimming SA swimwear rule applies.

A summary of key points for Swimming SA swimwear costumes are

* For males, the swimsuit shall not extend above the navel or below the knees.
* For females, the swimsuit shall not cover the neck or extend past the shoulders, nor shall extend below the knees. The upper back shall be bare. The swimsuit may be 1 or 2 pieces.
* No zippers or other fastening system is allowed, except for a tie around the waist.
* Only 1 swimsuit is permitted. Swimmers may choose to wear underwear as long as it is not exposed.
* The swimsuit must be made of woven material and not have any plastic or polyurethane panels.
* Must be FINA approved or a traditional swimsuit commercially available.

## 

## Records 50m pool

**Boys Girls**

**Freestyle 10 year 50 Metres**

J. Bastian (Southern Heights) 2011 32.21s S Song (Adelaide South East) 2007 32.88s

**Freestyle 11 Year 50 Metres**

J. Bastian (Southern Heights) 2012 29.80s E. Philp (South West) 1990 30.49s

**Freestyle 12 Year 50 Metres**

J. Bastian (Southern Heights) 2013 28.44s T. Bastian (Southern Heights) 2012 29.19s

**Freestyle 10 to 12 years 100 Meters**

No record No record

**Breaststroke 10 Year 50 Metres**

T. Hore (Tea Tree Gully) 1996 43.06s F Liu (North Adelaide) 2023 44.31s

**Breaststroke 11 Year 50 Metres**

B. Brewerton (East Adel) 2004 40.30s K. George (Port) 1998 40.34s

**Breaststroke 12 Year 50 Metres**

T. Hore (Tea Tree Gully) 1998 37.68s E. Thorn (Barossa & Light) 2005 35.72s

**Backstroke 10 Year 50 Metres**

S. Beinke (Airport/ Western) 1995 37.12s R. Kishinets (South West) 2023 37.97s

**Backstroke 11 Year 50 Metres**

J. Bastian (Southern Heights) 2012 35.97s M. Maselli-Sheridan (Adel Sth East) 2006 35.21s

**Backstroke 12 Year 50 Metres**

J. Thomas (Onkaparinga North) 2014 32.93s S. Hancl (East Adelaide) 2018 34.02s

**Butterfly 10 Year 50 Metres**

B. Hammond (Lower Eyre Peninsula) 2017 34.82s S Song (Adelaide South East) 2007 35.55s

**Butterfly 11 Year 50 Metres**

B. Hammond (Lower Eyre Peninsula) 2018 32.57s E. Siddle (Tea Tree Gully) 2012 33.48s

**Butterfly 12 Year 50 Metres**

J. Bastian (Southern Heights) 2013 31.23s M Maselli-Sheridan (Adel Sth East) 2007 30.02s

**10 Year Freestyle Relay**

Airport Western 1995 2:24.91m Airport/Western 1993 2:29.37m

**11 Year Freestyle Relay**

Airport 2021 2:16.44m East Adelaide 2017 2:17.23m

**12 Year Freestyle Relay**

East Adelaide 2019 2:07.53m East Adelaide 2018 2:06.23m

**Events no longer swum**

**Freestyle 13 Year 50 Metres**

K. Chalmers (Lower Eyre Peninsula) 2011 27.47s T. Bastian (Southern Heights) 2013 27.79s

**Freestyle Open 100 Metres**

K. Chalmers (Lower Eyre Peninsula) 2011 57.78s M Maselli-Sheridan (Adel Sth East)2007 1.00.40m

**13 Year Freestyle Relay**

East Adelaide 2019 2:03.17m Airport 2013 2:06.68m

**Breaststroke 13 Year 50 Metres**

Z. Phua (East Adelaide) 201835.08sE Mcgiffert (Gawler) 2014 36.14s

**Backstroke 13 Year 50 Metres**

J. Desmond (Playford-Elizabeth) 2012 32.79s S. Healy (Torrens River) 2017 31.96s

**Butterfly 13 Year 50 Metres**

K. Chalmers (Lower Eyre Peninsula) 2011 29.01s E. White (East Adelaide) 2016 29.80s

**Open Medley Relay 4x50 Metres**

Southern Heights 2017 2:17.61m East Adelaide 2016 2:16.97m

## Previous Championship Winners

**State Metropolitan Country**

1954 Renmark Grange Strathalbyn

1955 Strathalbyn Grange Strathalbyn

1956 Strathalbyn Grange Strathalbyn

1957 Grange Grange Renmark

1958 Renmark Grange Renmark

1959 Renmark Grange Renmark

1960 Renmark Grange Renmark

1961 Renmark Henley Renmark

1962 Renmark Grange Renmark

1963 Berri Grange Berri

1964 Berri Largs Bay Berri

1965 Berri Burnside Berri

1966 Berri Seaton Park Berri

1967 Berri Burnside Berri

1968 Loxton Linden Park Loxton

1969 Elizabeth Downs Elizabeth Downs Loxton

1970 Loxton Linden Park Loxton

1971 Para Hills Para Hills Loxton

1972 Para Hills Para Hills Berri

1973 Para Hills Para Hills Renmark

1974 Para Hills Para Hills

1975 Linden Park Linden Park Renmark

1976 Largs Bay Largs Bay Berri

1977 Burnside Burnside Bordertown

1978 Largs Bay Largs Bay Renmark

1979 Largs Bay Largs Bay Bordertown

1980 Largs Bay Largs Bay Berri

1981 Blackwood Blackwood Berri

1982 Blackwood Blackwood Berri

1983 Elizabeth South Elizabeth South Lower South East

1984 Torrens River Torrens River Lower South East

1985 South East South East Riverland

1986 Port Port Riverland

1987 Western Western Gawler

1988 Western Western Lower South East

1989 N/A South East Riverland

1990 N/A South East Riverland

1991 N/A South East Riverland

1992 N/A South East Lower Eyre Peninsula

1993 N/A South East Riverland

1994 N/A Airport/Western Riverland

1995 N/A Airport/Western Riverland

1996 N/A Tea Tree Gully Riverland

1997 N/A Southern Valley Southern

1998 N/A Tea Tree Gully Riverland

1999 N/A Port Hills

2000 East Adelaide Riverland

2001 East Adelaide/Port Riverland

2002 East Adelaide Riverland

2003 East Adelaide Gawler

2004 East Adelaide Riverland

## Previous Championship Winners cont

**State Metropolitan Country**

2005 South East Riverland

2006 Adelaide South East Riverland

2007 Adelaide South East Riverland

2008 East Adelaide Gawler

2009 South West Southern

2010 East Adelaide Lower Eyre Peninsula

2011 South West Gawler

2012 East Adelaide Gawler

2013 East Adelaide Hills

2014 East Adelaide Hills

2015 South West Lower Eyre Peninsula

2016 East Adelaide Lower Eyre Peninsula

2017 East Adelaide Hills

2018 East Adelaide Mid North

2019 East Adelaide Lower Eyre Peninsula

2020 No competition held due to COVID-19

2021 Division 1 East Adelaide Gawler

2021 Division 2 Tea Tree Gully Murraylands

2022 Division 1 East Adelaide Barossa and Light

2022 Division 2 Western Murray Mallee

2023 Division 1 Airport Lower Eyre Peninsula

2023 Division 2 Torrens River Upper South East