# School Sport SA Sapsasa swimming championships

## Rules and conditions 2020 (COVID update)

1. Each district is limited to ONE entry per event excluding Wild Card entries. Please note that districts may not use more than 6 individual wildcards with a maximum of 2 competitors in any one event.
2. Each competitor is allowed to compete in no more than three individual events. Metropolitan swimmers may compete in more than one relay only if they have competed in less than 3 individual events. Country swimmers are permitted to compete in 3 individual and two relays.
3. Substitutions & Scratching’s  
   Substitute competitors must be notified by team manager at least 30 minutes prior to commencement of program. No late additions or alterations will be accepted.
4. School Sport SA reserves the right to divide any event into heats or to run concurrently any two or more heats.
5. All individual and relay event placings will be determined on times as all events will be timed finals.
6. Competitors must report to the marshal immediately once their events are called. No one but the officials on duty at the time of the event and competitors of the event shall be allowed on the pool enclosure.
7. At the conclusion of each race, swimmers will be asked to wait at the end of the pool so that the first 3 place getters can be advised ready for medal presentation.
8. Points allocation: will be allocated on the following basis:

|  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| 1st | 2nd | 3rd | 4th | 5th | 6th | 7th | 8th | 9th | 10th | 11th & up |
| 20 | 18 | 16 | 14 | 12 | 10 | 8 | 6 | 4 | 2 | 1 |

14 year old competitors will receive the points allocated for their finishing place and all swimmers finishing below will have their place upgraded by one and will be allocated the points based on their upgraded finishing position.

1. Competitors must remain in their lanes until told to leave the water and then they return to the area reserved for their district.
2. Method of starting   
   Take your marks’ - ‘Beep’/’Light Flash’. A one start rule will apply. A false start will result in disqualification. \* NB swimmers (individual and relays) will still be given the opportunity to have their swim if they have false started.
3. Relays  
   Teams shall consist of four swimmers from the same district. The second, third and fourth members of a team must not dive from the parapet until the previous swimmer of their team touches it.
4. Protests  
   The District Team Official must notify the Championship Convenor/Manager of the intention to protest within 5 minutes of the event concluding. The Chief Referee will be advised and ask to provide a ruling. The Swimming SA referee’s decision is final. Except where otherwise specified the rules of Swimming SA will be observed.
5. Children are expected to be at the pool from 8:30am for session 1 and 12:45pm for session 2 until after their last event. Competitors must take particular note of announcement of events. Presentation of pennants will be at the end of each session.
6. Pool will be available for warm-ups as indicated in the event schedule circulated to convenors.
7. Bathers: The costumes of all swimmers must be a traditional swimsuit commercially available. All costumes shall be non-transparent. The referee shall have the authority to exclude any competitor whose costume does not comply with this rule.   
   For males the swimsuit shall not extend above the navel or below the knees.  
   For females, the swimsuits shall not cover the neck or extend past the shoulders, nor shall extend below the knees. The upper back shall be bare. The swimsuit may be one or two pieces.  
   No zippers or other fastening system is allowed, except for a tie around the waist.  
   Only one swimsuit is permitted. Swimmers may choose to wear underwear provided it is not exposed. The swimsuit must be made of woven material and not have any plastic or polyurethane panels. Caps are optional.